Wellness Wednesday:

Introduction to Line Dancing

with **Helen**

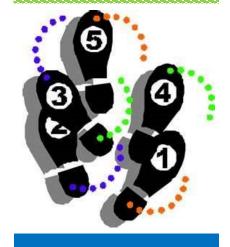
"Come dance with me!"

Line dancing is a great way to exercise both mind & body, with no partner needed. Come on out to lean the electric slide, slosh, meringue & mambo.

Wednesday May 10, 2017 @ 3:00-4:30pm at HKA

All HKARH clients, volunteers & staff welcome **Please RSVP**

programs@hospicekingaurora.ca or call 905-727-6815



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